

# *5 STEPS IN 5 MINUTES* SKINCARE ROUTINE



EASY STEP BY STEP YOU  
CAN DO WHILE GETTING  
READY IN THE MORNING  
OR AT NIGHT BEFORE BED

STEP BY STEP

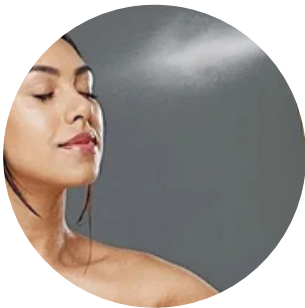
# SKINCARE ROUTINE



## STEP 1 – CLEANSE

Golden Face Oil Cleanser hydrates and nourishes while removing impurities.

- Wet a wash cloth in warm water and place it on your face for a minute.
- Place one pump of oil into your hands; less is more for oil cleansing.
- Massage the oil into your face and neck in upward circles for a minute, using an extra pump for eye makeup.
- Rinse the wash cloth in warm water and gently wipe away any remaining oil.



## STEP 2 – TONE

Golden Mist toner is a fast-penetrating liquid applied after cleansing to remove leftover impurities, balance skin pH, and deliver a quick boost of hydration.

Apply toner after cleansing to balance your skin's pH, which helps the serum absorb better. Remember to spray your neck.



## STEP 3 – HYDRATE

Golden Hydrate AM Hyaluronic Serum is a potent hydrating agent that attracts moisture to the skin, providing instant hydration, plumping fine lines, and improving elasticity.

Place 1 - 2 pumps of the Hyaluronic AM serum into your hands and lightly press onto face and neck while your skin is still slightly damp to help it draw moisture into the skin. Let it absorb before moving to the next step.

STEP BY STEP

# SKINCARE ROUTINE



## STEP 3N – REGENERATE

Nighttime application of the Golden Dreams PM Vitamin C serum enhances its effectiveness by aligning with the skin's overnight repair cycle, promoting collagen production, and reducing hyperpigmentation, fine lines, and wrinkles.

Additionally, applying it at night improves absorption, as the skin is more permeable without sun exposure, reducing degradation from light and air.

To use, apply 1-2 pumps to your fingertips and gently pat it onto your face and neck, avoiding harsh rubbing.



## STEP 4 – UNDER EYE

Under-eye skin is thinner and more delicate, requiring special care.

Use the under-eye roll-on oil gently to brighten and revitalize the area, avoiding rubbing.



## STEP 5 – MOISTURIZE

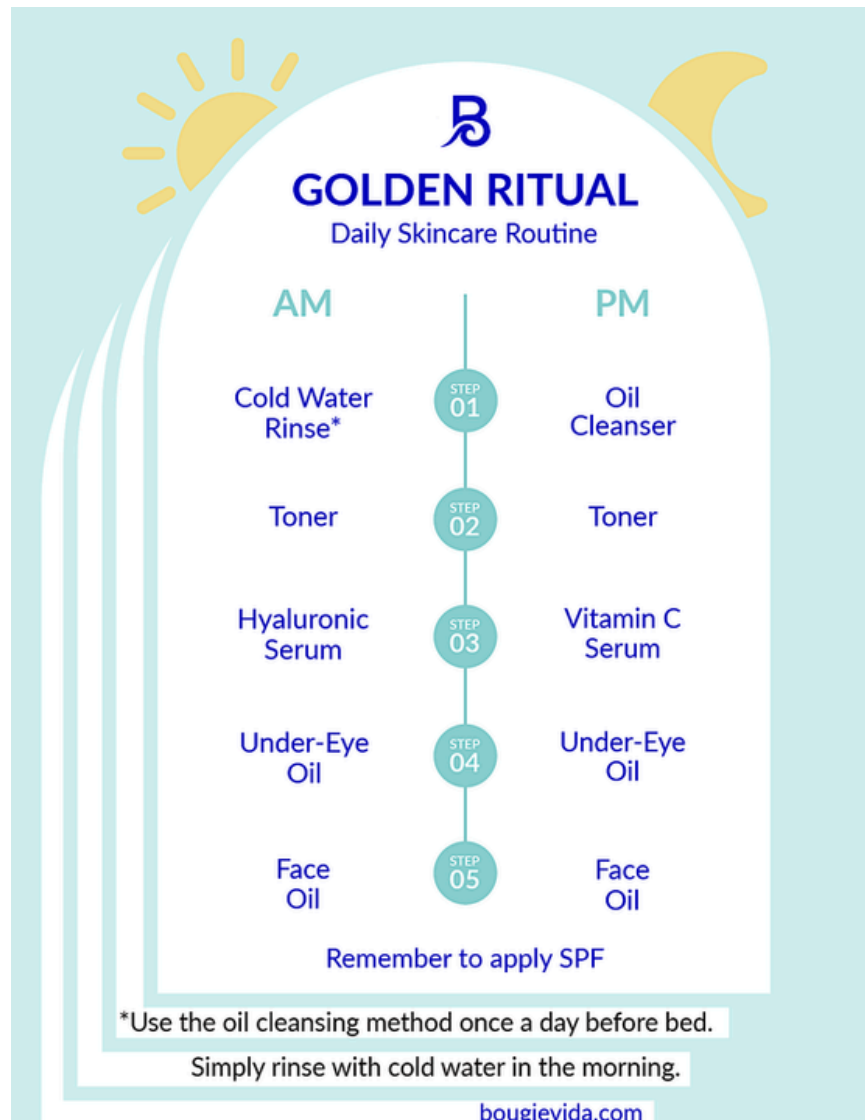
Place 1 - 2 pumps of the serum into your palms and gently press onto your face and neck. Avoid harsh rubbing. It provides deep nourishment and helps lock in the benefits of the serum.



STEP BY STEP

# SKINCARE ROUTINE

Keep this complimentary guide in your bathroom or hang it on your mirror to assist you with your daily skincare routine. Feel free to do Steps 2 -5 while you're getting ready in the morning or night.



**B**  
**GOLDEN RITUAL**  
Daily Skincare Routine

| AM                |         | PM              |
|-------------------|---------|-----------------|
| Cold Water Rinse* | STEP 01 | Oil Cleanser    |
| Toner             | STEP 02 | Toner           |
| Hyaluronic Serum  | STEP 03 | Vitamin C Serum |
| Under-Eye Oil     | STEP 04 | Under-Eye Oil   |
| Face Oil          | STEP 05 | Face Oil        |

Remember to apply SPF

\*Use the oil cleansing method once a day before bed.  
Simply rinse with cold water in the morning.

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